
















## Market Field Menu - Summer 2017 - Week 1 (8<sup>th</sup> May and 12<sup>th</sup> June 2017)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RED OPTION</b> A Hearty Slice of Homemade Pepperoni Pizza	<b>RED OPTION</b> Homemade Chicken and Sweetcorn Pie	<b>RED OPTION</b> Local Butcher's Roast Beef served with Yorkshire Pudding and Gravy	<b>RED OPTION</b> Pork Meatballs served in a Rich Tomato Sauce	<b>RED OPTION</b> Oven Baked Fillet of Fish in a Crispy Bubble Coating (GF)
<b>GREEN OPTION</b> A Hearty Slice of Homemade Cheese and Tomato Pizza (V)	<b>GREEN OPTION</b> Homemade Cheese and Tomato Tart (V)	<b>GREEN OPTION</b> Homemade Vegetable Bake (V)	<b>GREEN OPTION</b> Quorn Balls (V)	<b>GREEN OPTION</b> Cheese Omelette (V)
Choose from Sweetcorn and Pepper Salad or a Mixed Leaf Salad on the Counter Salad Bar	New Potatoes or Mashed Potatoes Garden Peas Whole Green Beans	Roast Potatoes Fresh Carrots Cauliflower Florets Cabbage	Wholegrain and White Rice Salad Bar	Chips Baked Beans Garden Peas Salad Bar
<b>BLUE OPTION</b> Jacket Potato with Tuna Mayonnaise (V)	<b>BLUE OPTION</b> Ham Salad Deli Roll	-	<b>BLUE OPTION</b> Tuna Pasta Pot	<b>BLUE OPTION</b> Jacket Potato with Baked Beans and Cheese
Fresh Fruit Platter   or Muller Corner Yoghurt	<b>NEW!</b> Frozen Yoghurt Pots  or Muller Corner Yoghurt  or Selection of Fresh Fruit 	Wedges of Watermelon  Summer Eves Pudding and Custard or Muller Corner Yoghurt	Cheese and Biscuits with Grapes  or Muller Corner Yoghurt Or Fruit Jelly and Cream  or Selection of Fresh Fruit 	Arctic Roll with Peaches or Muller Corner Yoghurt  or Selection of Fresh Fruit 



**Fresh Bread available everyday**









## Market Field Menu - Summer 2017 – Week 2 (15<sup>th</sup> May and 19<sup>th</sup> June 2017)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>RED OPTION</b></p> <p>Wicks Manor Farm Local Pork and Apple Burger served in a Brioche Bun</p>	<p><b>RED OPTION</b></p> <p><b>NEW!</b></p> <p>Chicken and Oriental Noodles</p>	<p><b>RED OPTION</b></p> <p>Local Butcher's Roast Turkey served with Yorkshire Pudding and Gravy</p>	<p><b>RED OPTION</b></p> <p>Homemade Beef Pasta Bolognese Bake</p>	<p><b>RED OPTION</b></p> <p>Oven Baked Birds Eye Omega 3 Chunky Fish Finger or Salmon Bites</p> 
<p><b>GREEN OPTION</b></p> <p>Veggie Burger served in a high fibre bun (V)</p>	<p><b>GREEN OPTION</b></p> <p>Jacket Potato and Cheese (V)</p>	<p><b>GREEN OPTION</b></p> <p>Roasted Sage and Onion Quorn Fillet (V)</p>	<p><b>GREEN OPTION</b></p> <p><b>NEW!</b></p> <p>Homemade Lentil Bolognese Bake (V)</p>	<p><b>GREEN OPTION</b></p> <p>Homemade Sweetcorn Fritters (V)</p>
<p>Oven Baked Seasoned New Potatoes</p> <p>Baked Beans</p> <p>Salad Bar</p>	<p>Salad Bar Selection</p>	<p>Roast Potatoes</p> <p>Fresh Carrots</p> <p>Broccoli Florets</p>	<p>Garlic Bread</p> <p>Salad Bar</p>	<p>Chips</p> <p>Sweetcorn</p> <p>Garden Peas</p> <p>Salad Bar</p>
<p><b>BLUE OPTION</b></p> <p>Jacket Potato with Cheese and Baked Beans</p>	<p><b>BLUE OPTION</b></p> <p>Cheese Salad Deli Roll (V)</p>	<p>-----</p>	<p><b>BLUE OPTION</b></p> <p>Jacket Potato with Bolognese</p>	<p><b>BLUE OPTION</b></p> <p>Tomato and Basil Pasta Pot (V)</p>
<p>Melon, Pineapple and Grape Pots </p> <p>or</p> <p>Muller Corner Yoghurt</p>	<p>Homemade Pauline's Flapjack </p> <p>or</p> <p>Muller Corner Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit </p>	<p>Help Yourself to our Fresh Fruit Bar </p> <p>or</p> <p>Muller Corner Yoghurt</p>	<p>Homemade Pineapple Upside Down Cake &amp; Custard </p> <p>or</p> <p>Muller Corner Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit </p>	<p><b>NEW!</b></p> <p>Summer berry Sundae </p> <p>or</p> <p>Muller Corner Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit </p>



**Fresh Bread available everyday**












## Market Field Menu Summer 2017 – Week Menu 3 (22<sup>nd</sup> May and 26<sup>th</sup> June 2017)

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>GREEN OPTION</b> Pasta Day! Choose from some meat free toppings: Three Cheese Tomato and Basil Pesto (Nut Free) Ratatouille Tuna & Sweetcorn (V)	<b>RED OPTION</b> Local Butcher's Pork Sausages (optional gravy)	<b>RED OPTION</b> Local Butcher's Roast Beef served with Yorkshire Pudding and Gravy	<b>RED OPTION</b> Homemade Chicken Tikka Masala	<b>RED OPTION</b> Oven Baked Youngs Omega 3 Fish Fingers 
	<b>GREEN OPTION</b> Linda McCartney Vegetarian Sausages (V)	<b>GREEN OPTION</b> Homemade Cheddar, Tomato and Basil Whirls (V)	<b>GREEN OPTION</b> Homemade Vegetable Tikka Masala (V)	<b>GREEN OPTION</b> Quorn Dippers (V)
Homemade Hovis Best of Both Bread Salad Bar	Creamy Mashed Potato Sweetcorn Garden Peas	Roast Potatoes Fresh Carrots Shredded Savoy Cabbage	Basmati Rice Naan Bread Cucumber Raita Salad Bar	Chips Baked Beans Garden Peas Salad Bar
<b>BLUE OPTION</b> Tuna Salad Deli Roll	<b>BLUE OPTION</b> Tomato and Basil Pasta Pot (V)	-----	<b>BLUE OPTION</b> Jacket with Cheese and Beans (V)	<b>BLUE OPTION</b> Broccoli Quiche
Peaches and Ice Cream  or Muller Corner Yoghurt or Selection of Fresh Fruit 	Fresh Fruit Platter  or Muller Corner Yoghurt	NEW! Frozen Yoghurt Pots or Muller Corner Yoghurt or Selection of Fresh Fruit 	Homemade Lemon Shortbread or Muller Corner Yoghurt or Selection of Fresh Fruit 	Homemade Raspberry Ripple Buns  or Muller Corner Yoghurt or Selection of Fresh Fruit 



**Fresh Bread available everyday**

## Market Field Menu Summer 2017 - Week 4 (5<sup>th</sup> June and 3<sup>rd</sup> July 2017)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RED OPTION</b> Homemade Spaghetti Bolognese	<b>RED OPTION</b> Local Butchers Pork Sausages	<b>RED OPTION</b> Local Butcher's Roast Gammon served with Yorkshire Pudding and Gravy	<b>RED OPTION</b> <b>NEW!</b> Chicken Breast Strips with Roasted Vegetables in a Kobez Flatbread	<b>RED OPTION</b> Oven Baked Fillet of Fish in a Crispy Bubble Coating (GF)
<b>GREEN OPTION</b> Spaghetti Napolitaine 	<b>GREEN OPTION</b> Vegetarian Sausages 	<b>GREEN OPTION</b> Homemade Mediterranean Rice Patties 	<b>GREEN OPTION</b> <b>NEW!</b> Quorn Pieces with Roasted Vegetables in a Kobez Flatbread 	<b>GREEN OPTION</b> Homemade Pepper and Sweetcorn Tart 
Garlic Bread Slice Salad Bar	Jacket Wedges Garden Peas Sweetcorn Salad Bar	New Potatoes Fresh Carrots Fresh Broccoli	<b>NEW!</b> Fruity Couscous Salad Bar	Chips Baked Beans Sweetcorn Salad Bar
<b>BLUE OPTION</b> Jacket Potato with Cheese	<b>BLUE OPTION</b> Egg and Cress Deli Roll 	-----	<b>BLUE OPTION</b> Gammon Salad Deli Roll	<b>BLUE OPTION</b> Tuna Sweetcorn Mayonnaise Pasta Pot
<b>NEW!</b> Homemade  Bakewell Crumble Slice or Muller Corner Yoghurt or Selection of Fresh Fruit 	Individual Fruit Pots  Or Banana Delight  or Muller Corner Yoghurt	Summer Fruit Crumble and Cream or Muller Corner Yoghurt or Selection of Fresh Fruit	<b>NEW!</b> Homemade Chocolate Cake and Peppermint Sauce or Muller Corner Yoghurt or Selection of Fresh Fruit 	100% Fruit ice Lolly   or Muller Corner Yoghurt



**Fresh Bread available everyday**



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