

## MARKET FIELD MENU CHOICE AUTUMN 2018 - WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Breast Chunks	Gluten Free Pork Meatballs in Tomato Sauce	Gammon Steaks And Yorkshire Pudding	Spaghetti Bolognese	Gluten Free Bubble Fish
Quorn Dippers	Linda McCartney Sausages	Quorn Fillet and Sage & Onion Stuffing	Quorn Bolognese	Cheese Omelette
Herby Diced Potatoes	Wholegrain and White Rice	Roast Potatoes	Garlic Bread Spaghetti	Chips
Garden Peas	Green Beans	Carrots and Sweetcorn	-	Baked Beans and Peas
Salad Choice	Salad Choice	Salad Choice	Salad Choice	Salad Choice
Tuna Wrap and cucumber	Deli Roll - Cheese and cucumber	-	Jacket Potato Chilli or coleslaw	-
Banana & Chocolate Cake	Strawberry Angel Delight	Fruit Crumble and Ice Cream	Fresh Fruit Platter	Fruit Smoothie Frozen
A selection of fresh fruit and yoghurt available daily Fresh milk and water				

Menu subject to change

Locally sourced meat, fruit and vegetables

## MARKET FIELD MENU CHOICE AUTUMN 2018 - WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and Tomato Pizza	Sticky Sausages	Roast Chicken and Yorkshire Pudding	Chicken Curry and Rice	Omega 3 Fish Fingers
Tuna Pasta Bake	Sticky Quorn Sausages	Quorn Fillet and Sage & Onion Stuffing	Vegetable Curry and Rice	Vegetable Nuggets
Garlic Bread	New Mini Potatoes	Roast Potatoes	-	Chips
-	Sweetcorn	Carrots and Cabbage	Peas	Baked Beans
Salad Choice	Salad Choice	Salad Choice	Salad Choice	Salad Choice
Tortilla Wrap with Cheese & Cucumber	Rustic Sub Roll with Ham and Tomato	-	Jacket Potato with Tuna or Coleslaw	-
Fresh Fruit Platter	Strawberry Jelly and Ice Cream	Frozen Fruit Smoothie	Fruit Crumble and Custard	Flapjack
A selection of fresh fruit and yoghurt available daily Fresh milk and water				

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Locally sourced meat, fruit and vegetables

## MARKET FIELD MENU CHOICE AUTUMN 2018 - WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato Day Choice of Tuna Mayo Cheese or Baked Beans	Crispy Polenta Chicken	Roast Pork and Yorkshire Pudding	Beefburger in Floured Bap	Fishwick
Macaroni Cheese	Quorn Dippers	Quorn Fillet	Vegetable Burger in Floured Bap	Tomato & Red Onion Tart
Garlic Bread	Pasta with Smoky Sauce	Roast Potatoes	-	Chips
-	Sweetcorn	Carrots and Green Beans	Baked Tomatoes Baked Beans	Peas
Salad Choice	Salad Choice	Salad Choice	Salad Choice	Salad Choice
Tuna & Cucumber Wrap	Crispy Bacon Sub Roll	-	Egg and Cress Bap	-
Apple Shortcake	Banana Angel Delight	Fresh Fruit Crumble and Cream	Artic Roll with Peaches	Jam Sponge and Ice Cream
A selection of fresh fruit and yoghurt available daily Fresh milk and water				

Menu subject to change

Locally sourced meat, fruit and vegetables